

WORMLEY & TURNFORD BIG LOCAL

# WHAT'S ON

OCTOBER - DECEMBER 2019



AUTUMN  
& WINTER  
GUIDE

A guide to regular groups, activities and events in your area.



## MONDAYS

### BACK TO NETBALL

**When:** Mondays at 9.30am

**Where:** Wormley Playing Fields, Church Lane, Wormley

If you want to start playing netball again then Back to Netball is for you! It is a gentle reintroduction into netball with some skills practices and a fun game. There are people of all ages attending Back to Netball and also a range of abilities from those who have never played or those who played many years ago at school through to those who perhaps only hung up their trainers a couple of years ago. You don't need any special kit, just clothes that you feel comfortable exercising in and trainers ideally that lace up. Make sure you bring some water!

**Cost: £3**

**Contact:** Call Lucy Prestedge on 07834 500189 or email [lucy.prestedge@englandnetball.co.uk](mailto:lucy.prestedge@englandnetball.co.uk).

### FOODBANK

**When:** Mondays, 4 - 5pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

Food is distributed from the church in Slipe Lane every weekday to local people in crisis that have been referred to us by local agencies. The food comes from donations by local churches, individuals, schools and supermarkets. If you'd like to support the Foodbank, donations can be dropped off at these times, or at food bins by the tills at a number of local supermarkets. We are also open to volunteers to receive guests at the church, or help sort deliveries and prepare food parcels at the warehouse at the Brookfield Centre or to transport the food in our vans.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

### STEEL PAN IN MOTION SESSIONS

**When:** Mondays, 4.30 - 5.30pm

**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

An opportunity to take part in weekly music activities, enabling participants to broaden their social networks and feel part of the community. This activity will also promote teamwork, sharpen concentration and enhance coordination. From beginners to advance level. All ages welcome.

**Cost: £2 per session**

**Contact:** Call 07903 390649 or email [WTBL.info@wtbiglocal.org.uk](mailto:WTBL.info@wtbiglocal.org.uk).

### SOCIAL SEWING BEE

**When:** Mondays, 5pm - 8.30pm

**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Get together and socialise while sewing. Meet with similarly minded creative people and learn to sew with others whatever project you're working on. Some machines are available but bring your own if you can.

**Cost: £2**

**Contact:** Call Seema on 07946138314.

### ((BOUNCE)) Wormley

**When:** Mondays, 7 - 8pm  
(Except 3rd Monday of each month)

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

((BOUNCE)) is a FUN, FRIENDLY and FIERCE workout performed on mini trampolines. Classes consist of 40 minutes choreographed cardio and finishes with 20 minutes of toning and it's suitable for all ages and abilities. (Prices vary see website for details).

**Cost: Standard ticket £6.95**

**Contact:** Find us on facebook and Instagram at Bounce Wormley. Book online at <https://bookwhen.com/bouncewormley>.

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### GEORGE FULLER CLUB FOR THE BLIND AND PARTIALLY SIGHTED

**When:** 3rd Monday of the month 7 - 9pm

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

Transport can be arranged by Hoddesdon Rotary Club.

**Cost: Free**

**Contact:** Call Bill Crumly on 07518 636982.

### FITNESS SQUAD UK

**When:** Monday, 7pm - 8pm

**Where:** Wormley Playing Fields, Church Lane, Wormley

Fun, equipment based boot camp sessions which cater for everyone, no matter what your shape, size or fitness level. Whether you are looking to get fit for the first time or push your performance to the next level, our team of qualified instructors will challenge and motivate you.

**Cost: Various price plans**

**Contact:** Call 0800 270 7766 or visit [contact@fitnesssquaduk.com](mailto:contact@fitnesssquaduk.com).

### TABLE TENNIS

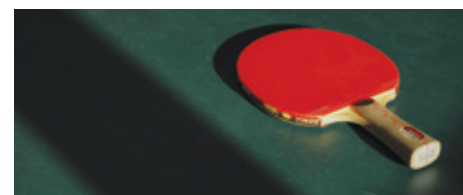
**When:** 3rd Monday of the month 8 - 9.30pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

Once a month we have a table tennis club at the church in Slipe Lane. This is free and open to all regardless of skill or gender - the emphasis is on fun rather than competition! During the evening we have a mini-tournament and then around the table game for a laugh to close.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).



## TUESDAYS

### BABY AND TODDLER HEALTH CLINIC

**When:** Tuesdays, 9.15 - 10.45am

**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, EN10 6AE

The Well-Baby Clinic is run by local Health Visitors and Family Centre staff. A chance to weigh your baby and get support on your family's health including breastfeeding.

**Cost: Free**

**Contact:** Visit [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org).

### WORMLEY & TURNFORD RIVER LEE WALK

**When:** Tuesdays, meet at 9.20am for 9.30am start.

3 mile flat walk for 60 minutes  
**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Come and join this wonderful walk around the Lee Valley Park and river. The walk is suitable for all ages and abilities. Meet and make friends, improve your health. Tea and coffee provided after the walk. Unfortunately, we are not able to accommodate dogs on this walk.

**Cost: Free**

**Contact:** Call Breda on 07508 354998.

### FREE ENGLISH COURSE

**When:** Tuesdays and Fridays 12 - 2.30pm

**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Would you like to improve your English and at the same time get a better understanding of the education system in England? Have you been in the UK less than 10 years? Come to the first of this kind ESOL course in the Borough of Broxbourne!

**Cost: Free**

**Contact:** Call Aneta on 07960 610339.

## DROP IN LUNCH FOR RESIDENTS

**When:** Tuesdays, from 1pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

Once a week we host a drop in lunch for any local residents who would like to join us. We start with a quick 'Thought for the Day' followed by a usually hot two course lunch. Folks are welcome to linger afterwards for a game - Dominoes is a favourite - and a cuppa. A £2 donation is suggested to cover costs. A great way to make new friends and have company.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

## SNOOKER, TABLE TENNIS, KNIT & NATTER, BINGO, TEA & CAKES AND RAFFLE

**When:** First and third Tuesday of each month at 2pm.

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

**Cost: Free**

**Contact:** Call Iris on 01992 443425.

## FOODBANK

**When:** Tuesday, 4pm - 5pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

See the first listing for more information about the Foodbank and how you can support the service.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

## WEEKLY YOUTH MULTI-SPORT SESSION

**When:** Tuesdays, 5.45 - 7.45pm

**Where:** Wormley Estate Kickabout Court, Fairfield Drive, Wormley, EN10 6DX

Free supervised sports sessions for young people aged 11-19 on the kickabout court.

Sports and games to include football, basketball and rounders. No need to bring equipment just wear your trainers.

**Cost: Free**

**Contact:** Broxbourne Council Community Development Team on 01992 785555, [leisure@broxbourne.gov.uk](mailto:leisure@broxbourne.gov.uk) or follow @youthbroxbourne on Twitter.

## 3RD CHESHUNT ST CLEMENT'S BROWNIES

**When:** Tuesdays, 6 - 7.30pm (term time)

**Where:** St Clement's Church, Cheshunt Wash, Cheshunt, EN8 0LU

Fun Brownie activities for girls 7-10 years.

**Cost: Enquire below**

**Contact:** Call Shirley on 01992 625546.

## WORMLEY CRICKET CLUB PRACTICE SESSIONS

**When:** Tuesdays, 6.30 - 8pm

**Where:** Wormley Cricket Club, Church Lane, Wormley

Come along and join our friendly club brushing up on your cricketing skills, or starting from scratch. All ages and abilities welcome.

**Cost: Free**

**Contact:** Call or text Ben on 07769 157888

## ((BOUNCE)) Wormley

**When:** Tuesdays, 7 - 8pm

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

See the first listing for more information.

**Cost: £6.95**

**Contact:** Book online at <https://bookwhen.com/bouncewormley>.

## BROXBOURNE BLADES FENCING CLUB

**When:** Tuesday, doors open 7.30pm, 7.45pm start, ending at 9.30pm

**Where:** Wormley Community Centre, Fairfield Drive, Wormley, EN10 6DX

Fencing is an Olympic sport that gives both mind and body a workout. We are a small and friendly club who welcomes anyone over

the age of sixteen who would like to give it a try. Equipment is provided, but please wear trainers or similar footwear and loose trousers.

**Cost: £6 (Free for first visit)**

**Contact:** Call Tony Osler on 01707 875866, [an.osler@btinternet.com](mailto:an.osler@btinternet.com) or visit [www.broxbourneblades.com](http://www.broxbourneblades.com).

## WEDNESDAYS

### ACTIVE MINI MONKEYS

**When:** Wednesdays (Except 23rd October)

9.30 - 10.30am

**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, EN10 6AE

**Cost: £3 per Family**

**Contact:** [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)

### PLAY GROUP

**When:** Wednesdays, 9.30 - 11am

**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

In a lovely bright room with toys for the little ones and tea and coffee for the grown-ups. Children aged two and under. All mums, dads, grandparents and carers welcome. Organised by local mums.

**Cost: £1 donation**

**Contact:** Find us on facebook @wormleybabygroup.

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## GET CREATIVE

**When:** Wednesdays,

11.30 - 1pm

**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Explore and develop your creativity through drawing, sketching, painting, printing, collage and more. No experience needed.

**Cost: Free**

**Contact:** Call 07903 390649 or email [WTBL info@wtbiglocal.org.uk](mailto:WTBL info@wtbiglocal.org.uk).

## A CREATIVE SPACE FOR PEOPLE WITH LEARNING DISABILITIES

**When:** Wednesdays, 1.30 - 3pm

**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

**Cost: Free**

**Contact:** Call 07903 390649 or email [WTBL info@wtbiglocal.org.uk](mailto:WTBL info@wtbiglocal.org.uk).

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## FOODBANK

**When:** Wednesdays, 4 - 5pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

See the first listing for more information about the Foodbank and how you can support the service.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

## ((BOUNCE)) Wormley

**When:** Wednesdays, 6.15 - 7.15pm

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

See the first listing for more information.

**Cost: £6.95**

**Contact:** Find us on facebook and Instagram at Bounce Wormley. Book online at <https://bookwhen.com/bouncewormley>.

## FITNESS SQUAD UK

**When:** Monday, 7.30 - 8.30pm

**Where:** Wormley Playing Fields, Church Lane, Wormley

Fun, equipment based boot camp sessions which cater for everyone, no matter what your shape, size or fitness level. Whether you are looking to get fit for the first time or push your performance to the next level, our team of qualified Instructors will challenge and motivate you.

**Cost: Various price plans**

**Contact:** Call 0800 270 7766 or visit [contact@fitnesssquaduk.com](mailto:contact@fitnesssquaduk.com).

## HRC TABLE TENNIS CLUB

**When:** 7.30 - 10.30pm (from September to March)

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

Three tables are available, new members are welcome.

**Cost: £5**

**Contact:** Call Mike Roberts on 07973 263749.

## BIBLE STUDY

**When:** Wednesdays, 8 - 9.30pm

**Where:** Wormley Free Church, Slipe Lane, EN10 6AA

For those interested in exploring their faith and discovering what the Bible says with others. This weekly discussion group is open to anyone who is interested regardless of their level of faith to learn and gain a deeper understanding through conversation.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

Follow us on facebook to keep up to date with news and events

 [facebook.com/WormleyTurnfordBigLocal](https://www.facebook.com/WormleyTurnfordBigLocal)

## THURSDAYS

### COFFEE, TEA AND TOAST

**When:** Thursdays, 9 - 12pm

**Where:** St Clement's Church, Cheshunt Wash, Cheshunt, EN8 0LU

Friendly, informal, drop-in tea and coffee mornings every Thursday. Come for a chat, meet new people, browse local and national newspapers. Local information and leaflets available and 'Community Bookswap' with ex-County Mobile books.

**Cost: Tea or coffee 50p, toast 50p**

**Contact:** Shirley on 01992 625546.

### PARENT AND TODDLER GROUP

**When:** Thursdays, 9.15 - 11.15am

**Where:** Wormley Free Church, Slipe Lane, EN10 6AA

Join our popular and long running Parent and Toddler Group (yes, dads are welcome!) Meet other parents and carers whilst your children play, with refreshments and song time with all your favourite nursery rhymes.

**Cost: £2 donation** is suggested for a parent with one child.

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

### BROXBORNE MS GROUP

**When:** Thursdays, 12 - 2pm

**Where:** 1st Wormley Scout & Guide HQ, Cozens Lane West, Broxbourne EN10 6QL

The group started in 2017 and has proved to be an incredible support network for all the current members. Most members attend regularly and many now depend upon the group which has become a family. Members have varying levels of disabilities, which is important to consider when trying to provide social activities, as well as the basic support structure. MS group has people who need just a walking stick or a frame, to people who cannot attend without a carer as they require

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help at almost all times to operate on a daily basis.

**Cost: Free**

**Contact:** Call Seema 07946 138314.

### STAY & PLAY

**When:** Thursday, 1.30 - 3pm (term time)

**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

Come and experience a range of good quality resources and activities for you and your child to engage in together. A great opportunity to meet other parents/carers and for the children to make new friends.

**Cost: £3 per family**

**Contact:** [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org).

### CHAIR BASED EXERCISE CLASS

**When:** Thursdays, 1.30 - 3pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

Chair based exercise classes, which comprise of mindfulness, focus on strengthening and improving muscle mass and balance. Some standing work (behind a chair) for those who are able, plus half an hour for a cuppa and chat. The classes are fun and supportive for those with mobility problems, eg. older adults, those with MS, Parkinson, Strokes, hip and knee replacements, back problems etc.

**Cost: £6**

**Contact:** Call Pauline on 07932 713778 or email [kennedypauline@hotmail.com](mailto:kennedypauline@hotmail.com).

### SEQUENCE DANCING

**When:** Thursdays, 2.15 - 4.15pm

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

**Cost: £2.50.** (£20 annual fee to become a member of the Bushby hall and 60's Club.)

**Contact:** Call June on 01992 628047.

### FOODBANK

**When:** Thursdays, 4 - 5pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

See the first listing for more information about the Foodbank and how you can support the service.

**Cost: Free**

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

### ACTIVE HERTS - INTRODUCTION TO EXERCISE CLASS

**When:** Thursdays, 6 - 7pm or 7 - 8pm

**Where:** Wormley Community Centre, Fairfield Drive, Wormley, EN10 6DX

A Low Impact circuit class aimed for residents who are inactive and at risk of cardiovascular diseases and mild to moderate mental health conditions. Please note all participants looking to take part must book a consultation to see the Get Active Specialist first. This consultation will run through the essential inclusion criteria to determine eligibility.

**Cost: Free for the first 6 weeks**

then £3 per person a session.

**Contact:** To book a consultation call Andrew Rix on 07506 503316 or email [andrew.rix@broxbourne.gov.uk](mailto:andrew.rix@broxbourne.gov.uk). Visit [www.activeherts.org.uk](http://www.activeherts.org.uk).



### TABLE TENNIS & SNOOKER

**When:** Thursdays, 7.30 - 10pm

**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

The club is 60 + only.

**Cost: £2.50 per week.** £20 annual fee to become a member of the Bushby hall and 60's Club. 50p for refreshments.

**Contact:** Call John on 01992 469486.

## FRIDAYS

### STAY & PLAY

**When:** Fridays, 9.30 - 11am (term time)  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

You and your child will be encouraged to join in with singing and movement, exploring instruments and sensory materials. A chance to make friends with other parents and carers.

**Cost:** £3 (0 - 5 years)

**Contact:** [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org).

### FREE ENGLISH COURSE

**When:** Fridays and Tuesdays, 12 - 2.30pm  
**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Supported by Wormley and Turnford Big Local

Would you like to improve your English and at the same time get a better understanding of the education system in England? Have you been in the UK less than 10 years? Come to the first of this kind ESOL course in the Borough of Broxbourne!

**Cost:** Free

**Contact:** Call Aneta on 07960 610339.

### BREASTFEEDING SUPPORT GROUP

**When:** Fridays, 1.30am - 3pm  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

A chance to meet other Mum's and receive support from our breastfeeding champions.

**Cost:** Free

**Contact:** [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org).

### FOODBANK

**When:** Fridays, 4 - 5pm  
**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA

See the first listing for more information about the Foodbank and how you can support the service.

**Cost:** Free

**Contact:** Ben Quant, Wormley Free Church Minister. Call 01992 410217 or email [ben@wormleyfreechurch.org.uk](mailto:ben@wormleyfreechurch.org.uk).

### SEQUENCE DANCING

**When:** Fridays, 6.30 - 9.30pm  
**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

**Cost:** £2.50. (£20 annual fee to be a member of the Bushby hall and 60's Club).

**Contact:** Call Betty Groves on 01992 424916.

### WORMLEY AND TURNFORD POP UP CINEMA

**When:** First Friday of the month. Doors open at 7pm, film starts at 7.30pm

**Where:** Wormley Free Church, Slipe Lane, Wormley, EN10 6AA.

Showing a variety of recent and popular classic films. Free refreshments.

**Cost:** Tickets are £3 or 4 for £10

**Get in touch:** Call WTBL on 07903 390649 or email [info@wtbiglocal.org.uk](mailto:info@wtbiglocal.org.uk).

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## Stan and Ollie 1 November



Doors 7pm,  
Film 7.30pm

£3  
a ticket  
or 4 for  
£10

## It's a Wonderful Life 6 December



Doors 7pm,  
Film 7.30pm



## SATURDAYS

### WORMLEY CRICKET CLUB

**When:** Saturdays  
**Where:** Wormley Playing Fields

Weekly Saturday league cricket May to September. Looking for new members of all ages and abilities.

**Cost:** £10 per week + annual subscription

**Contact:** Email Ben Stevenson [benjamin.stevenson@hotmail.co.uk](mailto:benjamin.stevenson@hotmail.co.uk).

### ((BOUNCE)) Wormley

**When:** Saturdays 9.30 - 10.30am, (Child friendly)  
**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

See the first listing for more information.

**Cost:** £6.95

**Contact:** Book online at <https://bookwhen.com/bouncewormley>.

## SUNDAYS

### WORMLEY RUNNERS

**When:** Sundays, 9am  
(Week day by arrangement)  
**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

We are small group of enthusiastic, would-be runners with a starting age of late 20s to late 60s. As we are not a very serious club we would like to encourage new have-a-go runners to join us and perhaps one day run a 10k or even a marathon. So if you want to meet some new friends come along one Sunday and join us.

**Cost:** Free

**Contact:** Call Brian on 07527 450457 or Magda 07852 278637 or email [wormleyrunners@gmail.com](mailto:wormleyrunners@gmail.com).



### ((BOUNCE)) Wormley

**When:** Sundays, 9.30am - 10.30am  
(Child friendly)  
**Where:** Bushby Hall, Wharf Road, Wormley, EN10 6HX

See the first listing for more information.

**Cost:** £6.95

**Contact:** Find us on facebook and Instagram at Bounce Wormley. Book online at <https://bookwhen.com/bouncewormley>.

## PROJECTS & EVENTS

### BIG LOCAL COMMUNITY ALLOTMENT

**When:** Ongoing  
**Where:** Church Lane Allotments, Wormley

WTBL have an allotment for residents who are interested in growing their own veg. This Autumn we will be digging from 12 - 2pm every Saturday preparing for next season. Everyone welcome.

**Cost: Free**  
**Contact:** Call 07903 390649 or email WTBL info@wtbiglocal.org.uk.



### BIRDS TO BYPASSES

**When:** Sunday 13th October, 1.30 - 4.30pm  
**Where:** Rye House Gatehouse, Rye House Quay, Rye Road, Hoddesdon, EN11 0EQ

The meeting point is Rye House Gatehouse car park. This month's walk takes us to Rye Meads and Stanstead Innings. The walk is 5.4km and can take around 2 hours depending on how long people stop to birdwatch. Part of this walk is along unsurfaced foot paths, there are gates and steps so therefore not suitable for wheelchairs or buggies and much of this walk is next to water. Please visit the website to see detailed information.

**Cost: Free**  
**Contact:** www.visitleevalley.org.uk/whatson.

### ART, CRAFT & CREATIVE WORKSHOPS FOR YOUNG PEOPLE

**When:** Half term week, 2 - 4.30pm  
**Where:** The Big Local Hub, Wormley Community Centre, Fairfield Drive, EN10 6DX

Halloween Art and Craft, including pumpkin painting, lanterns, spider web weaving, jewellery and sewing.

**Cost: £1 - £3**  
**Contact:** Call 07903 390649 or email WTBL info@wtbiglocal.org.uk.

### FAMILY WOODLAND EXPLORERS DAY

**When:** Wednesday 30th October, 10 - 2pm  
**Where:** Lee Valley Almost Wild Campsite, Broxbourne

**Cost: £10 per child, adults free**  
**Contact:** www.visitleevalley.org.uk/whatson.

### BUG CLUB

**When:** Thursday 31st October, 1pm - 2.30pm  
**Where:** Waltham Abbey Gardens

Explore the natural world with Forest School inspired outdoor activities for pre-schoolers and their carers. Please visit the website to see detailed information.

**Cost: From £4**  
**Contact:** www.visitleevalley.org.uk/whatson.

### INTRODUCTION TO SOLIDS

**When:** Monday 4th November, 1.30 - 3pm  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

Get advice on how to introduce solid foods to your baby. Also find out what foods not to give your baby as per the NHS guidelines.

**Cost: Free**  
**Contact:** www.hertsfamilycentres.org

### GREENERY SALE

**When:** Sunday 8th December, 12 - 2pm  
**Where:** Myddelton House Gardens

**Cost: Free**  
**Contact:** www.visitleevalley.org.uk/whatson.

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### DUCKS TO DOBBS

**When:** Sunday 15th December, 11am - 2pm  
**Where:** Dobbs Weir

A fantastic walk in the River Lea Park with great opportunity to view some interesting wildlife. Visit the website to find out more.

**Cost: Free**  
**Contact:** www.visitleevalley.org.uk/whatson.

### FITNESS SQUAD UK

**When:** Mondays 7pm-8pm and Wednesdays 7.30pm-8.30pm  
**Where:** Wormley Playing Fields, EN10 7QE

**Cost: Various price plans**  
**Contact:** Call 0800 270 7766 or email contact@fitnesssquaduk.com.

## COURSES

### BABY MASSAGE

**When:** 11th November till Monday 9th December, 9.30 - 11am  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

**Cost: £25 per course**  
**Contact:** www.hertsfamilycentres.org

### MY BABY'S BRAIN

**When:** Tuesday 12th November till Tuesday 10th December, 1.30 - 3pm  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

**Cost: Free 5 week course**  
**Contact:** www.hertsfamilycentres.org.

### FIRST AID

**When:** Thursday 28th November, 6.30 - 8.30pm  
**Where:** High Trees Family Centre, Herts Regional College, Broxbourne Campus, Herts, EN10 6AE

**Cost: £25 per course**  
**Contact:** www.hertsfamilycentres.org

## VOLUNTEERING OPPORTUNITIES

The Royal Voluntary Service urgently require Volunteer Drivers for the Broxbourne and surrounding areas.

Volunteers are required to use their own vehicles to take clients to and from medical appointments.

Volunteers can claim back their mileage at 45p per mile.

If you would be interested in assisting us in this service please contact **Broxbourne Community Cars** on **01992 552069**.

**Email:** hertfordshirehub@royalvoluntaryservice.org.uk  
**Web:** royalvoluntaryservice.org.uk

# DROP IN TO SEE US!

The Wormley and Turnford Big Local hub is located at **The Old Clinic at Wormley Community Centre, Fairfield Drive, Wormley EN10 6DX.**

Many activities and meetings have started happening there so please keep an eye on what's going on.



Every effort has been made to provide accurate information. Details stated in the brochure are correct at time of printing from information provided and subject to change without notice.

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## **WHAT IS BIG LOCAL?**

Big Local is a lottery funded programme that enables residents to make their communities better places to live.

Wormley and Turnford Big Local is one of 150 Big Local areas around the country receiving funding over 10 years to create positive, lasting changes to the area.

Big Local is overseen by the Local Trust and the delivery of Wormley and Turnford Big Local is guided by a partnership of residents, committed to identifying local needs through consultation with the wider community.

Groups, organisations and everyone living or working in the Wormley and Turnford Big Local area is a part of the project and can play a role in its development.

WTBL acts as a catalyst to bring together ideas, creativity, imagination and energy to build skills and confidence for the benefit of the whole community.

### **The WTBL vision:**

To transform Wormley and Turnford into a place where people are proud to live, that nurtures aspirations, opportunities and a strong sustainable community.

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## **To get involved with Big Local or find out more contact WTBL:**

The Big Local Hub, Wormley Community Centre,  
Fairfield Drive, Wormley, Herts EN10 6DX

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